

NCDHHS 'Prevent and Protect' Toolkit

The North Carolina Department of Health and Human Services (NCDHHS) is offering a 'prevent and protect' toolkit with resources to help you get the word out to patients about wearing face coverings as well as washing their hands and physically distancing from others.

Scientific research shows that preventative measures such as hand washing and wearing cloth coverings over the nose and mouth are effective ways to protect ourselves, our loved ones and our communities by lowering risk of exposure to COVID-19. Growing evidence shows that cloth face coverings, when worn consistently, can decrease the spread of COVID-19, especially among people who are not yet showing symptoms of the virus.

This [Prevent and Protect Media Toolkit](#) includes:

- Posters for your practice to print and hang in common areas that remind people to wear cloth coverings over their nose and mouth
- Social media graphics answering basic questions about wearing coverings over the mouth and nose.
- Customizable flyers about the 3W's -- wash your hands, wear a face covering and wait 6 feet apart.

All materials are available in English and Spanish.

You can find more information about the new cloth covering Executive Order in this [press release](#) and answers to frequently asked questions in this [Guidance](#) and [FAQS](#).