NC DHHS Online COVID-19 Resource for Spanish-Speaking North Carolinians

North Carolina Department of Health and Human Services (NCDHHS) launched new online tools to help Spanish-speaking North Carolinians to determine if they should consider being tested for COVID-19 and help individuals monitor their symptoms if they have tested positive for or been exposed to COVID-19.

The new online tools are intended to help people know if they may need a test, how to get a test and how to monitor their own symptoms if advised to do sol. These tools include:

- **Check My Symptoms** (Comprobar Mis Síntomas) (https://ncdhhs-covid19-dtra.powerappsportals.us/es-ES/), a public website that allows people to enter their symptoms to determine if they should consider getting tested for COVID-19. If a test is recommended, they will receive a link to a list of nearby testing sites via email or text.
- **Find My Testing Place** (www.ncdhhs.gov/TestingPlace), a public website that allows people to enter their county or ZIP code and access a list of nearby testing site locations online. To view in Spanish, users can select Spanish in the yellow box.
- **COVID-19 Community Team Outreach (CCTO) Tool**, a password-protected online software that helps people track their own symptoms if they have been advised to do so by the COVID-19 Community Team.

Promotional Materials to Help Spread the Word
To help you get the word out we have updated materials in Spanish available:

- Flyers about getting tested for COVID-19 and using the Check My Symptoms online tool.
- Facebook and Twitter images for you to share on social media.

You can find these materials at covid19.ncdhhs.gov/preventandprotect – scroll down to *Check Your Symptoms*. Additional resources are also available.

SCHOOL GUIDANCE! School Guidance and many resources were released this week along with Governor Cooper's announcement regarding the return to school for students and teachers next month.
- **UPDATED** StrongSchoolsNC: Public Health Toolkit (K-12)
- **UPDATED** StrongSchoolsNC: Public Health Toolkit (K-12) - Spanish
- **NEW** What Are We Learning About COVID-19 and Children? (English, Spanish)
- **NEW** webpage is available for Individuals, Families and Communities
- **NEW** webpage is also available for Staying Ahead of the Curve through Reopening Public Schools
- **UPDATED** Reference Guide for Suspected, Presumptive, or Confirmed Cases of COVID-19 (K-12)
- **NEW** StrongSchoolsNC Infection Control and PPE Guidance (K-12)
- **UPDATED** Frequently Asked Questions (English, Spanish)
- **UPDATED** Social Media Outreach (English, Spanish)
- **UPDATED** Social Media Toolkits for Schools

Recruit, Train, and Retain: Developing the workforce for a healthy North Carolina

NOW AVAILABLE IN SPANISH: a variety of very important resources are now available on the dashboard
- Comprobar Mis Síntomas (Check My Symptoms)
  - **PRESS RELEASE**: Read it here in Spanish and English
- The testing and contract tracing FAQs have been translated

NEW GUIDANCE under Businesses: Positive Confirmed Case General Guidelines

UPDATED Contact tracing numbers are now available on the dashboard

UPDATED Ongoing Outbreaks in Congregate Living and School Cluster reports are now available

UPDATED Risk Factors report is now available on the dashboard

NEW VIDEOS are now available
- for Workers of Farms, Meat Plants and Construction sites
- PSAs have been added to the Prevent and Protect Toolkit

NEW 3Ws BANNERS are now available for download on the dashboard

PRESS RELEASES since the last update include:
- (NC Pediatric Society) Statement on Students Returning to Schools
- (Governor's Office) North Carolina K-12 Public Schools to Require Key Safety Measures to Allow In-person Instruction
- NCDHHS COVID-19 Community Testing Events Announced; Testing is Free
- NCDHHS Celebrates the ADA's 30th Anniversary with a Virtual Celebration